

Byron Hinterland Thai Yoga Massage

Connecting the mind and body and activating intrinsic healing, Jamie Kennedy is based in the heart of Byron Bay and offers a mobile service throughout the Shire. Jamie offers individualised massages to suit your needs.

Jamie's approach is to listen intently to the body, respecting its range of motion and level of comfort in any given position. Working with the breath he allows your body to guide the massage and its depth, enabling a deeply therapeutic and relaxing experience.



Thai Yoga Massage can assist with: acute or chronic pain relief; enhancing performance; relief from stress and enhanced wellbeing; depression and anxiety; flexibility, posture and breathing; detoxification; and chronic fatigue.

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8 Byron St, Byron Bay Call 0447 025 006

Online bookings and availability via www.byronhinterlandthaiyogamassage.com.au.

